



PHYSICIAN TO THE PRESIDENT  
THE WHITE HOUSE

November 18, 2019

MEMORANDUM FOR: STEPHANIE GRISHAM  
ASSISTANT TO THE PRESIDENT  
WHITE HOUSE PRESS SECRETARY

FROM: SEAN P. CONLEY, DO, FACEP  
PHYSICIAN TO THE PRESIDENT  
COMMANDER, U.S. NAVY *spc*

SUBJECT: Interim Check Up

This past Saturday afternoon the President traveled up to Walter Reed National Military Medical Center for a routine, planned interim checkup as part of the regular, primary preventative care he receives throughout the year. Due to scheduling uncertainties, the trip was kept off the record. After a little more than an hour of examination, labs and discussions, the President took a brief tour of the hospital to visit with some of the medical staff as well as speak with the family of a soldier undergoing surgery, after which he returned home to the White House. Despite some of the speculation, the President has not had any chest pain, nor was he evaluated or treated for any urgent or acute issues. Specifically, he did not undergo any specialized cardiac or neurologic evaluations.

A full summary of his labs and exam will be incorporated into next year's report, but the President has consented to me sharing that his total cholesterol is now 165 (mg/dL), with an HDL of 70, an LDL of 84 and a non-HDL of 95.

Primary preventative medical care is something that occurs continuously throughout the year, it is not just a single annual event. As such, I will continue to monitor the President's health, planning on a more comprehensive examination after the New Year.